You're Invited to:

Savvy Senior Sources – The Unexpected Caregiver:

How you can keep mom, dad, and loved ones active, safe and independent

An Educational Fair

Savvy Senior Sources invites you to an educational fair with workshops, exhibits, and a keynote presentation by Kari Berit, author of *The Unexpected Caregiver,* to guide you through options and resources available for your mom, dad, and loved ones as they age.

Saturday, May 14, 2011
8:15 a.m. to 12:15 p.m.

Memorial Lutheran Church

15730 S. Afton Blvd.
Afton, MN 55001

Keynote Message:
The Unexpected Caregiver:
How you can keep mom, dad, and loved ones active, safe, and independent

As our parents grow older, a growing number of Baby Boomers find themselves thrust into a caregiver role, often with little warning or preparation. Suddenly, we are charged with helping our loved ones come to terms with both day-to-day concerns and longer-term issues. In this session **Kari Berit**, **keynote speaker,** will offer priceless support, ideas and comfort for those taking on the highly emotional role of caregiver to a loved one.

Cost: $10 (includes breakfast & a copy of the
Savvy Senior Sources Guide)
(Portion of ticket sales benefits church youth group)

Register & Pre-pay at:
www.savvyseniorsources.eventbrite.com
With pre-registration/payment or advance ticket purchase your name is entered for a door prize drawing

For more information call 651-770-8462
www.SavvySeniorSources.com

Schedule of Events

8:15 a.m.	Registration/Visit Exhibits/Breakfast
8:50 a.m.	Opening Prayer and Welcome
9:00 a.m.	Keynote message, **Kari Berit**, author of *The Unexpected Caregiver*
9:45 a.m.	Visit Exhibits
10:15 a.m.	Workshops • Estate Planning • Options for Staying at Home • Housing Options • Funeral Pre-planning/ Mind, Body, Spirit Therapy
11:15 a.m.	Visit Exhibits
11:45 a.m.	Q&A Panel of workshop presenters
12:15 p.m.	Closing and Sending