



Alzheimer's Speaks

Shifting Our Dementia Care Culture™

I have just read Norm's musings about the 'quiet times' he has noticed he is experiencing with his dementia. I found the site with the link to these writings because I had been searching for a different angle on looking at dementia. Before I lost my 77yr old father, John, last year, he had become 'changed' by the process of ageing and we as a family and his doctors were on a path to consider a possible diagnosis of alzheimers or dementia. The thing is, now he's gone, my memories of him as the man I had known all my life and then as the altered personality he later became, are equally precious to me.

I still feel sad and unsettled about some characteristics which had a tendency to 'come out' and alienate people a bit but I now recognise those as fears and understandable anger or vexation - on his and my part to some extent. But the good stuff, were the special insights, at once human and deeply touching on the emotions and intelligence and also other-worldly and strikingly spiritually uplifting.

+++HOW SPECIAL IT CAN BE TO SHARE INSIGHT INTO THE
THOUGHTS AND FEELINGS OF A MIND STRUGGLING TO COME TO
TERMS WITH CHANGE DUE TO AGEING OR EFFECTS OF DEMEN-
TIA+++

Elaine