

Christmas with Alzheimer's

Christmas comes but once a year,
But it never comes without a tear,
Looking back to Christmas past,
Wishing those days would forever last,
All our problems were very small
Great times had with one and all,
When it always snowed on Christmas day,
Parents watching children play,
But now those days are all but done,
With fading memories nearly gone,
I've loved my life and all I've done,
With its snowy winters and summer sun,
How much longer can I last?
How I long for Christmas past.

Christmas Shopping

Just been shopping for Christmas stuff,
Watching wives and husbands going off in a huff,
Heavy breathing and bright red faces,

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Like human horses going through the races,
Children screaming, mummies shouting,
Teenagers in Debenhams with mouths pouting,
Dads in the pub with their mates,
Ordering pints and take away crates,
Then there's me, in the middle of this,
Needing a hug and a little kiss,
Watching my wallet emptying fast,
How long will this Christmas last?
Then it's time for home, a little bit lighter,
And not just my wallet that I grab tighter,
Because it's too late, my moneys all gone,
Still, at least, the shopping is done!! LOL

What will the next day year bring?

What will next the day bring, is the question I ask today,
Will it bring just happiness, or sadness and dismay?
It's so hard to look forward, when you've got AD,
Just living day by day, saying what will be will be,
Take a walk in my shoes, is what I often say,
Look at life through my eyes, it never goes away,
The sadness, guilt and terrible feeling
of knowing what's to come,

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Knowing deep down, in your heart,
that nothing can be done,
Always smiling, being happy, is sometimes hard to do,
My darling wife thinking, I can see I'm losing you,
The waves of depression come so fast,
never knowing when,
They will go away, so I can start again,
To try and smile and live my life, always to the fullest,
To give my family all my love, because they are the best,
And when it's finally over, and I have lost the fight,
To those I leave behind, you must fight with all your might,
To end this awful suffering that we are going through,
And fight it to the end, that's what I am going to do!

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