

Explaining Through Verse

Worry's and concerns drifting through my mind,
Dementia, you really are just one of a kind,
My head pulsates with a million thoughts,
Working things out, answers sought,
Frightened look within my eyes,,
Open mouthed, silent cries,
Trying to remember where I am,
Trying to remember all I can,
I remember all, when I was a boy,
Clear blue skies, my favourite toy,
But ask me about yesterday,
Recent memories, yet so far away,
Soon my eyes fill with tears,
Of unknown time, missing years,
I sit and ponder about tomorrow,
With heavy heart so full of sorrow,
I only wish a cure would come,
And be salvation, just for some,
But until then, I have this curse,
Trying to explain within this verse,
My daily fight with this awful disease,
I just wish my mind would ease