

AFTER THE STORM

Well, this is one blog I would always hope I would write but wasn't too sure until I got the all clear yesterday from the hospital.

Being given a diagnosis of Alzheimer's is without a doubt one of the most devastating pieces of news you can ever have. It drains your soul, your energy and your will to live, FACT!!!

Then to be told you might have Cancer on top is (I cannot find the words right now, sorry) but what I am trying to say is that even if you carry with you that shred of hope that you may have had regarding finding a cure, ripped away from you at the news you may have cancer, its absolutely unimaginable!! Yet, because this God Forsaken Disease is ("Usually, not always) an elderly disease, then the chances of getting Cancer is also very high.

This has only come to me as I thought about my life and how it's going at the moment, and of course with recent events. I have never felt so low and desperate as I have these last few months

(I know it doesn't SHOW IN MY E MAILS BUT PEOPLE WITH Dementia like me become very good at hiding things)

But the last few months have been the worst of my life. I have had to see my family, with worry etched on their faces and try to answer questions I couldn't. I had fought with my conscience of "Should I find out" or "should I just let nature take its course" I have put my family through HELL as I have chopped and changed my mind almost daily, because one day I was having yesterday's tests done, the next not!! I am truly sorry for this and have told all my Beautiful wonderful family this from the bottom of my heart. I have no defence for this, apart from being absolutely frightened witless!!

Many people who know me would say that I am frightened of neither man nor beast, and up until having Alzheimer's they would have been right, but since, well, the game has changed and the goal post moved so many times!! To be honest, frightened really is too smaller word but I am struggling to find another which even begins to comprehend how I have been feeling. For all of you wonderful people out there that thinks I am this brash, confident person who takes all on the chin, I must admit this time I have been like a quivering jelly LOL

Now that the scare of Cancer is over I have to try and get myself together to carry on my fight against Alzheimer's, and I promise you all this is something I will do as hard and fast as I can!! But the next time you meet anyone who has a diagnosis

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Thoughts by Norrm's Mcnamara

of dementia, please always remember there could be another underlying illness that is not spoken about, please keep this in mind my friends and thank you so much for your never ending support.

All our love, Norrms, Elaine and family xxxxxxxxxxxxxxxx

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