

Dementia : The Quiet Times

As I sat myself down next to Elaine on the settee, I gently held her hand and asked "Am I getting any worse? I hadn't asked for a while (as I am aware of anyway) and as she leant over, took hold of the remote and switched the TV off, I knew we were in for one of our "Chats"

"Why do you ask? She says. "Well" "I started, I seem to be having a more of a problem remembering what happened yesterday ECT, or even some things we have done today" I replied. It was at this point, my "ANGEL" squeezed my hand a little more, smiled that beautiful smile of hers and nodded before mouthing "Yes" But quickly added "But not much" thankfully. Elaine then went on to say actually it was because she noticed I had become a lot quieter and wasn't as enthusiastic about doing things as I once were.

Now before anybody jumps in with the jokes, me being quiet it quite worrying!! LOL Elaine explained that lately I had become a little more withdrawn and not as talkative as usual, which really is unusual for me. The reason for writing this new blog is because of exactly this, being Quiet!! As I write this we have just come back from a ride out around "The Bay" and twice or three times Elaine asked me if I was ok because I was off in my own little world, miles away and completely deaf to what was being said to me. I have written before about being in some sort of "Catatonic Trance" and apparently this is quite common in people with Dementia. It's really weird because all I can say is, It's like being there, but not being there" I can observe a fixed point in time without blinking for minutes on end and yet I can do nothing to snap myself out of this, and its only when Elaine gently brings me back to "Real Life" do I have any memory of doing this, and yet can hear nothing during this time!!

Is this what happens as the Stages pass by?

Do the Trances become longer and longer until there will come a time I can't be "snapped" out of them?

Why can't I hear my Angel Elaine or anyone else when I am in this "Status?"

If this continue`s to happen, how will I ever be able to speak to people so they can hear my story?

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Will you tell my story for me?

Will you ????????????

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