

Remember Me

Author - Thais Acosta

Remember Me

You may not **remember me**
But I know I'm in your heart.
When you look into my eyes and forget me,
My world falls apart.
I am forever grateful that you are still here
Yet my soul aches because I know your mind is unclear.

I know you are frustrated
And life is now hard to understand.
But I promise I'll always be there to hold you
By your withering hand.
I understand that you didn't choose to be this way
Yet I always catch myself wishing your memory could have stayed.
This barrier in your mind will never set you free
I wish there was a chance you could still **remember me.**

Aba, oh Aba!
How I miss your genuine smile
It always made my day a little more worthwhile.
If only I could've known that your memory was going to fade into the dark.
I have so much to say to you,
I don't even know where to start.

Although you don't **remember me**
I'll always remember you.
You're the woman who taught me so many life lessons.
You're the woman who has always seen good in me,
Through and through.

This stranger you see,
Adores you with all of her heart.
And she's so sorry she didn't get to tell you that
before your mind fell apart.

Aba, oh Aba,
I never knew your mind had a timer.
This isn't fair
You don't deserve Alzheimer's.

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Byline:

Thais Acosta is a senior in high school. She was born and raised in Miami, Florida and one of her favorite classes is English! Her family is extremely important to her, and she was raised in a very family-oriented household.

Thais wrote this poem because she was given an assignment in class where she had to write a poem from her perspective to a family member. She thought about it for a little bit, and remembered that it was National Alzheimer's Awareness month, so she thought it would be such a perfect time to honor her grandmother. Before her grandmother got sick, she and Thais were very close. Thais wanted to dedicate this poem to her in honor of the woman she once was. Through the poem, she wanted to express how difficult it is to see someone you love battle Alzheimer's. It's losing her twice! She also wanted to emphasize the great impact her grandmother has had in my life.

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